

CENTERQUEST  
SCHOOL OF SPIRITUAL DIRECTION (SSD)  
PERSONAL RECOMMENDATION FORM



Dear \_\_\_\_\_,

As part of my application for the CenterQuest School of Spiritual Direction, I am asking that you kindly write this letter of recommendation for me. Please answer the questions below on a separate sheet of paper with your typewritten answers and attach this signed form. Kindly send the form in the mail with the enclosed SASE on or before \_\_\_\_\_.

Thank you,  
Signature of Applicant \_\_\_\_\_

Please answer the following questions to the best of your knowledge. We are looking for 2-4 sentence answers per question. Kindly label your answers with the corresponding numbers below. Your answers will be treated in strict confidentiality.

1. How long you have known the applicant and in what specific capacity?
2. What qualities, gifts, and/or life experiences does the applicant have that makes you feel s/he is or would be an effective spiritual director?
3. What is your appraisal of the applicant's psychological and spiritual maturity?
4. Please mention one or two areas where may be in need of further growth and development?
5. Would you have any hesitation recommending this person to participate in a training program to be a spiritual director?
6. Is there anything else you would want us to know about the applicant for our discernment?

Thank you kindly for your time and assistance. Your signature below confirms that all of your assessments are true to the best of your knowledge of the applicant and that you give us permission to contact you if we need further clarification.

---

Signature of Recommender

Date

---

Phone Number

Email

PLEASE MAIL COMPLETED RECOMMENDATION TO:

**CenterQuest**  
122 A East Foothill Boulevard PMB 306  
Arcadia, CA 91006