



## BASIC E-COURSE INFORMATION

**PE – Public Engagement:**

***Integrating Spiritual Principles & Practices for Solving Social Struggles***

### COURSE DESCRIPTION

This course is designed to encourage participants to craft an Integrated Rule of Life that integrates personally chosen spiritual principles and practices into personally chosen social struggles to help solve social issues, ills, and injustices while publicly engaged with others. Those with an already existing Rule of Life will be encouraged to do the same. Everyone will be urged to discover and rediscover spiritual principles and practices to strengthen their own ability and the ability of others to right social wrongs.

### COURSE FOCUS

Week One introduces the concept of an Integrated Rule of Life and focuses on discerning spiritual principles that advance public engagement to help encounter, elucidate, and end a social struggle while engaged with others. It also looks at some core Christian spiritual principles and shows how they may guide and fortify one's efforts to solve social injustices and help to begin to shape an Integrated Rule of Life.

Week Two focuses on integrating disciplined spiritual practices that further public engagement in order to gain new insights into formative interactions with others and become an agent of change and healing in the communities and cities in which one lives, works, worships, recreates, socializes, and/or serves.

Week Three focuses on integrating convictional and impassioned spiritual practices for public engagement.

Week Four focuses on crafting and the sharing of one's lifelong integrated Rule of Life with others and leaving behind such a Rule as a distinctive spiritual legacy for others.

### COURSE FORMAT

**PE** is a four-week facilitated online course that takes place in Moodle (our online learning platform). Participation primarily takes place asynchronously (i.e., not "live") with appointed synchronous Zoom meetings (dates and times TBD). There will be a combination of readings and active participation in the forum discussions. The course includes reflective exercises and spiritual practices designed for practical application to one's life and ministry.

### REQUIRED TEXT

Joe Colletti, PhD, *The Way of the Urban Monk*

**Note:** There will be other supplementary resources for the course.